# 5 Ideas for Expressing Thanks

Do you know how your colleagues or staff liked to be thanked?

As with all things, people have their individual preferences.

We have 5 ideas for non-monetary ways of saying thank you.

1

#### Personalised Thank You Notes

Write individualised, heartfelt thank you notes to your staff, highlighting specific contributions and expressing your appreciation for their unique qualities. Appreciating others puts you in a positive state too!

2

## Face-to-Face Acknowledgment

Have one-on-one conversations with your team members to express your thanks in person. Make it a point to actively listen and engage in meaningful dialogue during these interactions.

If appropriate, this could be done peer to peer.

3

#### **Professional Development Investment**

Offer opportunities for skill development and growth that align with your staffs' career aspirations. Show that you value their potential and are committed to helping them succeed.

4

### **Empower and Trust**

Give your staff more autonomy, trust and responsibility in their decision-making. Allowing them to take ownership of projects and initiatives demonstrates your confidence in their abilities. However, make sure that they have the capacity and capability for any new roles or appropriate training to do so.

5

## **Nurturing a Supportive Work Environment**

Foster a positive workplace culture by promoting work-life balance, providing resources for mental health and wellness, and encouraging open communication which provides empathy and support when people face challenges. Are you conscious of how you live your values?

